



Welcome

*A Welcome Packet for Military Members and their families.
For detailed program information go to www.ubhdenton.com*

University Behavioral Health of Denton
Mental Health and Chemical Dependency Care
Inpatient and outpatient care for all ages.

Specializations: Trauma/PTD, Self-Injury, and Faith-based Care.

University Behavioral Health of Denton

2026 West University Drive

Denton Texas, 76201

1-888-320-8101

It is our honor to serve the US Military.





PATIENT ADVOCACY POLICY ACKNOWLEDGEMENT

Dear Military Member,

I would like to take this opportunity to welcome you as our guest at University Behavioral Health of Denton. I trust you will find care of the highest quality, as you become involved in your treatment program.

Since you are our guest, we are very interested in feedback about how well we are meeting your needs. In view of this, we will ask you to complete a Patient Satisfaction Survey at the end of your stay. Please take a few minutes required to complete this survey. The information you provide us is carefully reviewed and analyzed for incorporation into the performance improvement activities of the hospital.

It is the policy of University Behavioral Health of Denton to explain at the time of admission the patient advocacy policy/procedure to the patient and their families/significant others.

Should you have a need for a patient advocate, please notify the receptionist, unit staff, or any other hospital employee. If a prompt resolution is not feasible, an appointment with the Patient Advocate will be scheduled.

We welcome your comments as well as suggestions to assist us in further improving the quality of care received by University Behavioral Health of Denton.

Respectfully,

Susan Young

Chief Executive Officer

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The Mungadze Trauma Program at University Behavioral Health of Denton

An inpatient program specializing in the use of Neurotherapy® in the treatment of trauma related and trauma correlated disorders including those often impacting military members such as Trauma, PTSD, Addictions, and Combat Stress.

To make a referral call the UBH Care Center at 940-320-8100

For information call Stacie York, Military Liaison at 817-793-4289



Dr Jerry Mungadze is a world renown mental health practitioner specializing in the treatment of Trauma related disorders. He has lectured in many countries such as: Canada, Germany, The Netherlands, United Kingdom, Australia, Ghana, Greece, and South Africa, on trauma related issues. Dr Mungadze holds a BSC degree in Bible from Dallas Bible College in Dallas TX, An MA BS degree from Dallas Theological Seminary in Dallas TX, and a PhD in counseling from the University of North Texas in Denton TX.

Neurotherapy® Specialist: Copyright c 1992-2007 by Dr Jerry Mungadze, all Rights Reserved.

Member of the ISSTD: International Society for the Study of Trauma and Dissociation.

Member of the AACC: American Academy of Christian Counselors.

Member, AAETS: American Academy of Experts in Traumatic Stress.

Listed in the National Registry of the American Academy of Experts in Traumatic Stress.

University Behavioral Health of Denton, 2026 West University Drive, Denton Texas, 940-320-8100, www.ubhdenton.com

UBH of Denton provides care for all psychiatric and addictive disorders and specializes in self-injury and faith-based care.



Military Packing List for UBH Inpatient Stay

Active Duty Soldiers will need at a minimum the following items during their stay at UBH of Denton Hospital:

- 7 days of comfortable civilian clothing. Washing machine available.
- Physical training clothing that does not require a belt (weather appropriate, with tennis shoes)
- Personal hygiene items (toothbrush, toothpaste, shower shoes and deodorant, no glass or aerosols).
- Bring disposable razors we will store between use.
- Female: bring sanitary items as needed and hair accessories.
- Laundry detergent
- Pen/paper for writing assignments
- Jacket
- Blanket
- Warm pajamas
- Roll of quarters for the soda machine

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Safety:

For your safety and the safety of others, certain behaviors and items are not allowed. The following are unsafe behaviors and are not allowed:

- Sexual acts or inappropriate physical contact between patients are not permitted.
- Violence of any sort is not tolerated. This includes verbal threats, physical aggression, or destruction of property.
- Drinking alcohol or using non-prescribed drugs or possession of alcohol or non-prescribed drugs is not permitted.

Unsafe behavior will result in a review of the treatment plan and further recommendations.

Also, we have to restrict any hazardous items that could jeopardize your safety or the safety of other patients. The following is a list of items that we either lock up or send home with your family and/or care giver:

- no jewelry, except wedding bands
- items with sharp edges or points
- glass in picture frames (will be sent home)
- makeup will be kept but made available as requested
- alcohol is not allowed in the hospital
- flammable contents
- glass vases (if flowers are sent, ask the florist to place them in a non-glass container)
- glass plates and cups
- knives of any type (will be locked up but it would be preferred to leave at home)
- guns/protection devices (not allowed in the hospital)
- razors are allowed but will be stored when not in use.
- cell phones, iPods, DVDs, earphones, beepers, recording devices or any electrical devices
- no objects that may be used as a weapon i.e. under wire bra, shoe strings, and drawstrings

PLEASE be aware that patients are here for different reasons. Some patients may have additional restrictions. Please do not lend or give out any of your personal possessions.

It is the job of the staff to prevent harm from coming to any patient. You can help and show your concern about others by immediately telling a staff member if you know of someone who is planning to hurt herself/himself or someone else, or if you know of someone planning to run away from the facility. Your treatment team will answer your questions about this if the situation arises.

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UBH of Denton Adult Visitation Hours

**Monday – Wednesday
6:00 – 7:00pm**

**Thursday
7:00 – 7:30pm**

**Friday
6:00 – 7:00pm**

**Saturday – Sunday
2:00 – 3:00pm**

Please speak with your Case Manager if your family's visit does not coincide with our schedule. Thank you!

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We welcome military families at UBH of Denton and may schedule a family therapy session if your physician recommends one. Below are some local hotels for your reference. Please see our visitation schedule and call your UBH case manager for assistance if your visit cannot coincide with our scheduled visitation times.

Quality Inn & Suites

1500 Dallas Dr
Denton, TX 76205 [Map](#)

(940) 387-3511

Fairfield Inn

2900 W University Dr
Denton, TX 76201 [Map](#)

(940) 384-1700

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Directions to UBH of Denton:

Take I35 to Denton Texas.

Take Exit 469 for Hwy 389 and head east.

Travel 1 mile.

We are on the left just after the Goodwill store.

UBH of Denton
2026 West University Drive
Denton, TX 76201
Main number: 940-320-8100

Link to Map quest Map

<http://www.mapquest.com/maps/map.adp?formtype=address&country=US&popflag=0&latitude=&longitude=&name=&phone=&level=&addtohistory=&cat=&address=2026+W+University+Dr&city=Denton&state=TX&zipcode=76201-0644#south>

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