



Services for Military Professionals:

- UBH to military professional communication protocol
- Dedicated military liaison and co-liaison
- Telemonitor contact/visitation with patient
- Patient transportation to/from regional military bases
- Call **888-320-8101** to schedule a visit from a military liaison

To schedule a confidential assessment 24/7 please call the UBH Care Center at
888-320-8101



Vietnam Veterans of America Chapter 920 raise the flag in honor of UBH Military Mission



2026 West University Dr.
Denton, Texas 76201

888-320-8101
940-320-8110

www.ubhdenton.com



The Freedom Care Program



Mental Health and Chemical Dependency Care for Military Members, Veterans, Retirees, and their Families



The **Freedom Care** Program



The Freedom Care Program provides treatment programs for mental health and chemical dependency designed to meet the unique needs of our military members, veterans, retirees, and their families.

At UBH of Denton, our treatment team is dedicated to providing the highest quality behavioral health care to our nations' best and brightest. We understand that military life today or during prior military conflicts can be stressful to our service members and their families resulting in disorders requiring specialized treatment and recovery programs.

Military members and families must deal with life events such as family separation, combat stress, exposure to destruction and human suffering, threats to self and comrades and grief and loss. Service members and families are also not immune to disorders that affect all of us such as depression or bipolar disorders. Regardless of diagnosis or experience, licensed professionals at UBH are available 24/7 to assist with a confidential assessment and recommendations for treatment.

Most major insurance including TRICARE and Medicare accepted.
Medicaid up to age 21.

Military Specializations and Accommodations:

- Key staff with military backgrounds
- Dedicated 28 day psychiatric and chemical dependency programs.
- The Freedom Care ASD/PTSD Specialty Program
- Dedicated military 12 Step & sponsorship meeting
- Visiting veterans in recovery
- Family therapy/visitation in-person or via telemonitor
- Physical conditioning program & documentation
- Cardio-endurance workout equipment
- Transportation to/from regional military bases

UBH Inpatient and Outpatient Programs:

- Assessment center open 24/7
- Adult psychiatric services
- Adult chemical dependency services
- Adult trauma specialization
- Adult self-injury specialization
- Adult faith-based specialization
- Psychiatric services for seniors
- Children's psychiatric services
- Adolescent psychiatric services
- Adolescent self-injury specialization
- Adolescent dual-diagnosis services

Psychiatric 28 Day Inpatient Program

The adult psychiatric program provides medication stabilization and group therapy for patients diagnosed with psychiatric disorders including depression, bipolar disorder, post traumatic stress, and schizophrenia.

Chemical Dependency 28 Day Inpatient Program

Inpatient detoxification and group therapy are provided for patients whose lives have been impacted by the abuse of alcohol or other drugs including prescription medications.

The Freedom Care ASD/PTSD Specialty Program

The Freedom Care ASD/PTSD Specialty Program is based on the unique needs of combat veterans including:

- Diagnosis of trauma syndromes and comorbidities
- Traumatic brain injury assessment
- Development of a collaborative interdisciplinary treatment plan
- Evidence-based management of trauma related symptoms and functioning including pharmacotherapy, psychotherapy with emphasis on cognitive and exposure therapies, and adjunctive methods/services*
- Patient and family education
- Optimization of social supports
- Access to spiritual support and guidance
- Integration/education/coordination with primary care providers
- Reassessment and follow-up

* The Freedom Care ASD/PTSD Specialty Program is evidence-based. References are available upon request.

To schedule a lecture on Trauma/PTSD,
call **888-320-8101**

Ask for the Military Liaison